

# Pine Rest



P I N E R E S T F O U N D A T I O N

## From our **President and CEO**

One of the most rewarding aspects of my job is having the opportunity to witness and hear about the restoration people experience in their lives when families and loved ones receive the care and services they need at Pine Rest. When lives are affected by depression, when parents struggle with a child whose behavior is out of control, or a parent is diagnosed with Alzheimer's, people turn to us for help. And when they experience restoration and renewal, they often share with us their gratitude for the help they received here. Two recent notes we received stated, "Thank you so much! There aren't words enough to express my gratitude for the caring of my son..." and, from another mother, "Pine Rest helped give my daughter

more insight into herself and taught her to cope with the anger and feelings she was showing..." These are but a few of the many letters we receive from individuals, children, and families whose lives have been touched by Pine Rest.

I am so encouraged by the dedication and work of our staff who, each day, strive to meet the needs of those we serve. As Pine Rest continues to seek, develop, incorporate, and utilize the best practices within behavioral health care to more effectively treat those seeking our help, we never lose sight of our mission: "... to express the healing ministry of Jesus Christ by providing behavioral health services

with professional excellence, Christian integrity, and compassion." As demand for our services continues to grow, Pine Rest is actively engaged in developing a Master Facility Plan that will ensure we have the necessary facilities and clinical program space to serve the future needs of individuals, children, and families in our community. As this process proceeds, we ask for your support and encouragement, and for your continued prayers as we look to the future.

**By Dan Holwerda**  
*President and CEO*

## Collaboration **Leads to Success**

Earlier this year, Healthy Marriages Grand Rapids (HMGR), City Vision, and West Michigan Christian Foundation received joint approval from the Administration for Children and Families, an office of Health and Human Services (HHS), for a grant recently made available through a Presidential directive. Grand Rapids was selected as one of only two sites nationwide to receive the award.



*Mark Eastburg, PhD*

The grant will be administered through the Pine Rest Family Institute. The Family Institute is a

founding partner in, and provides administrative support for, HMGR. The organization is an active leader in efforts to support and strengthen marriages in West Michigan. Mark Eastburg, PhD, Executive Director of the Pine Rest Family Institute and President/Executive Director of Healthy Marriages Grand Rapids, remarked how "honored and excited" they are to be a recipient of the grant.

As part of the grant, HHS will allocate \$990,000 in federal funding, which will be added to \$550,000 in private donations, to provide programming to families to improve the lives of children. This will include marriage and

relationship-building skills workshops for low-income families in an effort to improve outcomes for children within these families. The five-year grant, which is scheduled to begin October 1, will partner with urban organizations such as Jubilee Jobs and Clancy Street Ministries to provide services to families. **For more information, log on to [www.healthymarriagesgr.org](http://www.healthymarriagesgr.org)**

**W**here your treasure is, there is your heart also” (Matthew 6:21). Many people complete a Will, but one of the critical questions some have is: “Are we investing our treasures to *preserve our legacy*? And if not, how can we?” Many individuals see leaving great sums of money to their children, alma maters, charitable organizations, and their churches as a way to preserve their legacy. While these are great ways to leave a legacy, does it preserve your legacy?

One way individuals are preserving their legacy is by attaching a written testament or letter to their Will. Throughout the Old Testament, there are stories of blessings being bestowed upon children. In Genesis 49, Jacob blesses his sons and gives them instruction on how his burial is to take place. What a great example Jacob is for us in being prepared for the end of life and helping our children through this process.

Take time to write to your family about what you feel is important in life. Give them a historical summary of your life and your family history, so these memories can be passed along to future generations. And remember, you need not be approaching the end of life to share these cherished memories and advice. Bless your loved ones with a written testament or letter on a birthday, graduation, birth of a child or grandchild, retirement, or attach it to your Will to be passed along at the time of your passing. Your children and family will treasure it more than you know.

**For more information about planned giving, contact Scott Halquist at 616/281-6375 or e-mail [scott.halquist@pinerest.org](mailto:scott.halquist@pinerest.org).**



Thanks to our 40 corporate runners, 50 + volunteers, and generous supporters, over \$15,000 was raised through Pine Rest’s designation as the **2003 Fifth Third Riverbank Run Official Charity**. Many thanks to Fifth Third Bank, Spartan Stores, and the 2003 Riverbank Run Organizing Committee for all their hard work and support! We are happy to announce that Pine Rest has been named the Official Charity for the 2004 Riverbank Run!

## EAP and CAP

Celebrate 25 Years of Service to West Michigan Businesses and Churches

**T**his year Pine Rest Christian Mental Health Services is celebrating 25 years of providing services to West Michigan businesses and churches through our Employee Assistance Program (EAP) and Church Assistance Program (CAP). More businesses and churches than ever are experiencing the benefit of Pine Rest’s EAP/CAP. Since 1978, our commitment to quality care, personalized service, and dedicated staff have helped many organizations and numerous individuals, children, and families in West Michigan.

With more than 100 clinically trained social workers and psychologists in 16 West Michigan locations, employers and churches who contract with Pine Rest’s EAP/CAP ensure their employees/members and their families have immediate and timely access to a comprehensive network of clinical services to assist them. Services include:

- 24 hour/7 day telephone access to a professional for consultation
- Face-to-face assessment by a Pine Rest clinician within 48 business hours of initial contact
- Management consultation, threat assessments, and anger management seminars
- Substance abuse and job jeopardy referrals

**Contact Karen Klemm at [karen.klemm@pinerest.org](mailto:karen.klemm@pinerest.org) or by phone at 616/281-6305 for more information about Pine Rest services to businesses and churches.**

## Did You Know . . . ?

- § You can designate all or a portion of your United Way gift to programs at Pine Rest. Just indicate Pine Rest on your United Way Annual Campaign Form and your gift will begin working at Pine Rest NOW.
- § Pine Rest’s website now has the capacity to process online credit card gifts. Go to [www.pinerest.org](http://www.pinerest.org) for more information.
- § Your gift to the Pine Rest Patient Assistance Fund (PAF) helps individuals, children, and families without financial resources get the mental health care they urgently need.

## Program for People with Developmental Disabilities Celebrates 50 Years of Service

**P**ine Rest celebrates 50 years of service to children and adults with developmental disabilities this year. "It's a reflection of our commitment and mission," says Keith Van Zoeren, Corporate Director of Residential Services.



Keith Van Zoeren

In 1953, Pine Rest opened the Children's Retreat, providing special education and residential services for individuals with developmental disabilities. In the 1970s, Pine Rest was among the first in this community to set up adult foster care homes. Now services include

Pine Rest Christian Homes, which also offers day programming and chaplain services for adult residents, and the Christian Center for Developmental Disabilities. "We've grown in response to the needs of individuals, children, and families," says Van Zoeren.

Van Zoeren is proud of the program, especially the quality of care delivered by the staff. Families of residents in Pine Rest Christian Homes repeatedly comment on the dignity and respect they and their loved ones receive and express their gratitude for the care and compassion they receive. Van Zoeren anticipates that in the next five years, demand for services will increase as fewer government

dollars are available for services to these individuals and their families. "Increasing our Endowment Fund for persons with Developmental Disabilities, continuing our Patient Assistance Fund, and securing ongoing funding" are key issues for this program.

The anniversary was recently celebrated during the Pine Rest Christian Homes Annual Summer Picnic for residents and their families and guardians. **To support the Endowment for Persons with Developmental Disabilities, call (616) 455-8680 or go to [pinerestfoundation@pinerest.org](mailto:pinerestfoundation@pinerest.org).**

## Partnership Extends Healing Ministry to Romania

**I**n early 2003, Pine Rest was invited to partner with Cornerstone University to establish a Domestic Violence Training Program in Romania. Jim Bottenhorn, MA, LLP, psychologist and Director of Pine Rest's Contact Center, represented Pine Rest in this venture. He was part of a team of clinicians and college students who traveled to Sighisoara, Romania to help local physicians, police, legal professionals, psychologists, and teachers develop skills and tactics for addressing domestic violence within the Romanian culture.



Jim Bottenhorn, MA, LLP

"My primary assignment was to teach anger management training skills," said Bottenhorn. "I was also asked to provide information on a variety of issues related to domestic violence and shared some models used in the United States that have been successful."

The week-long project and trip were coordinated by Cornerstone University's Social

Work Department, as part of a grant Cornerstone received from World Learning, the teaching branch of USAID. This included a two-day conference, attended by 83 professionals.

Pamela Awtrey, MSW, ACSW, Director of Social Work at Cornerstone, expressed her gratitude for Pine Rest's involvement and Bottenhorn's expertise. "We were so grateful to have Pine Rest as a partner in this program... Jim's experience and expertise were of great assistance to us and our Romanian partner-agencies."

"This project was a great opportunity for Pine Rest to extend our mission," said Bottenhorn. "Now, because of this great partnership, Pine Rest can play an instrumental role in developing more effective programs for individuals, children, and families facing domestic violence issues in Romania. It was a great experience."

Bottenhorn will continue to play a role in the project by providing ongoing consultation and support for the on-site staff in Romania through 2004.



The **20<sup>th</sup> Annual Pine Rest Golf Outing**, underwritten by Merrill Lynch, was a great success! Thanks to our many sponsors and golfers, we raised over \$70,000 for the Pine Rest Foundation and the hundreds of individuals, children, and families served by the Pine Rest Christian Center for Developmental Disabilities. **Pictured above:** Special Golf Outing guest, Jerry James, posing with Marlene Olson.

# Pine Rest News

A newsletter for friends and supporters of  
Pine Rest Christian Mental Health Services and the Pine Rest Foundation



Pine Rest Christian Mental Health Services  
300 68th Street SE  
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## Treasures at the Rustic Market

Many drivers who pass along the 68<sup>th</sup> Street corridor near Pine Rest can't help but stop to check out the new deals across the street at the Pine Rest Rustic Market. Daily donations, or "treasures" as the volunteers and staff refer to them, include clothing of all sizes, accessories, books, games and toys, housewares, kitchenware, furniture, and



electronics. Treasures are found both inside and out, as specials are showcased just outside the front door during good weather.

Last year, the Rustic Market provided over \$30,000 to the Pine Rest Patient Assistance Fund. How is this all possible? Because of the great group of over 30 volunteers who dedicated over 5,800 hours of service last year to the Rus-

tic Market and the generous donations of hundreds of people. If you or someone you know would like to be part of this great volunteer ministry team, please call Tonya at 616/281-6308.

**The Pine Rest Rustic Market is located at 389 68<sup>th</sup> Street, SE, Grand Rapids. Hours are 10 am - 4:30 pm, Monday, Tuesday, Thursday, Friday; Wednesdays 10 am-7 pm; and Saturdays 10 am - 2 pm.**

## Pine Rest Foundation Staff



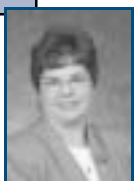
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**Scott Halquist**  
*Director of Development Programs*

The Pine Rest News is a product of the Pine Rest Foundation and is designed to inform our supporters of key developments within the services and programs of Pine Rest Christian Mental Health Services and The Pine Rest Foundation.

Send changes of address, comments or suggestions, and requests for free subscriptions to:

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