

Scope

The Adult Partial Hospitalization Program is a community-based program and requires that patients live within a daily commuting distance from the Pine Rest campus. Patients from greater distances may arrange lodging with many of the local hotels in the area. The program secretary or program coordinator can provide information on local lodging.

Payment

Most insurance plans are accepted. For additional information please visit our web site at www.pinerest.org.

Inpatient and partial hospitalization services are provided through a joint operating agreement between Pine Rest Christian Mental Health Services, Mercy Health Saint Mary's and Metro Health.



MERCY HEALTH SAINT MARY'S
Adult Partial
Hospitalization Program
AT PINE REST



Pine Rest Campus
300 68th Street SE
Van Andel Center
Grand Rapids, MI 49548
616/455-5000, ext. 2211



MERCY HEALTH SAINT MARY'S

Adult Partial Hospitalization Program

AT PINE REST

The Mercy Health Saint Mary's Adult Partial Hospitalization Program is an active, time-limited treatment program offering intensive, therapeutic, and structured clinical service within a stable environment. The program uses educational groups and group therapy in the treatment plan. Our team is dedicated to providing our patients with an excellent care experience.

The program is for adults, age 18 and over, who meet the criteria for admission and cannot be adequately treated through traditional outpatient services.

About the Program:

The Adult Partial Hospitalization Program is a therapeutic group-based program which meets from 8:30 a.m. until 4:15 p.m. Monday through Friday. Groups and classes are led by a variety of mental health professionals.

Treatment Groups include:

- Anger Management
- Anxiety Management
- Assertion Training
- Relationships
- Co-Occurring Disorders
- Group Therapy
- Loss and Grief
- Medication Education
- Daily Review
- Stress Management
- Emotions Management
- Healthy Coping Skills
- Treatment Planning
- Relaxation
- Exploring Wellness
- Radical Acceptance

Medication management is provided by a psychiatrist dedicated to the Partial Hospitalization program.

This team will work together to set treatment goals and develop a plan with specific strategies for treatment and the aftercare plan. The case manager, physician assistant, and psychiatrist will regularly review progress with the patient. The treatment team will also offer guidance in finding other resources necessary for the patient's treatment.



General Information:

Location

Services are provided on the Pine Rest campus, 300 68th Street, S.E., Grand Rapids, MI. The Partial Hospitalization program is located in the Van Andel Center building. The phone number is (616) 455-5000, ext. 2211.

Access

Assessments for admission are provided by the Pine Rest Contact Center. Call (616) 455-9200 to determine the level of care needed.

Transportation

Transportation to and from the program is the responsibility of the patient.

Lunch

The lunch hour is from 12:05 p.m. until 12:55 p.m. Lunch can be purchased at the Van Andel Building Cafeteria. Some patients bring a sack lunch.