

FOR REFERRAL SOURCES

Discharge Criteria

- Reduction of symptoms: The individual is able to engage in daily functioning with reduced interference of symptoms.
- Treatment goals have been sufficiently attained.
- The individual is able to care for him/herself with or without family and/or community support 24-hours a day without the Partial Hospitalization Program.
- General non-compliance with program expectations.
- Unreliable attendance.
- The individual's medical conditions are beyond the capabilities of the Partial Hospitalization Program.



Frequently Asked Questions

How do I get admitted?

Please call 800.678.5500. An assessment will be completed to determine the appropriate level of care. A provider referral is not needed, although it can be helpful to coordinate services.

What insurance do you take?

We participate with almost all major insurance plans. Co-pays and deductibles vary. Contact your insurance provider for what your plan will cover. Patients with Medicaid or no insurance must contact their local Community Mental Health for assessment and referral. Our intake clinicians can assist you in the process.

What is the average length of stay?

Length of treatment is based on a patient's individual needs and will be re-evaluated through his/her stay. Average length of stay is 5-7 days.

Is lodging available near Pine Rest?

Yes. Intake clinicians can provide local lodging information to patients travelling from long distances.

Do I need to arrange my own transportation?

Yes. Transportation to and from the program is your responsibility.

Is lunch available at Pine Rest?

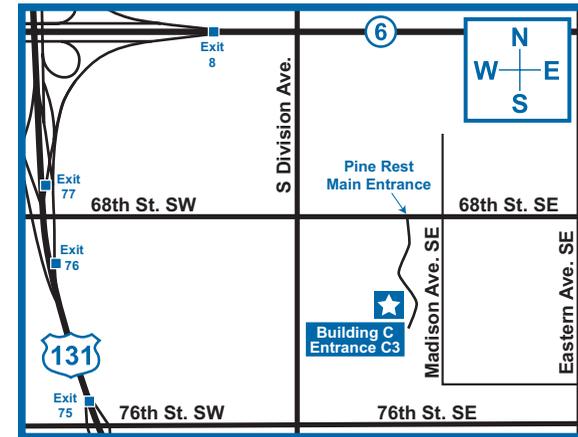
Yes. Affordable options are available at our cafeteria, or you may bring a lunch.

Contact Information

For questions, referrals or admission, please call the Pine Rest Contact Center at 800.678.5500.

Our Location

The partial program is located in Building C, Entrance C3 on the Pine Rest campus.



pinerest.org/partial-hospitalization

Building C, Entrance C3
300 68th Street SE
Grand Rapids, MI 49548
800.678.5500

Adult Partial Hospitalization (Day) Program





Adult Partial Hospitalization (Day) Program

The Adult Partial Hospitalization Program is an active, time-limited treatment program offering intensive, therapeutic and structured clinical service within a stable environment. The program uses educational groups and group therapy in the treatment plan. Our team is dedicated to providing patients with an excellent care experience.

The program is for adults, age 18 and over, who meet the criteria for admission and cannot be adequately treated through traditional outpatient services.

Services

Partial hospitalization is an intensive, short-term treatment. Treatment hours are 8 a.m. to 3:45 p.m., Monday through Friday. Patients are required to attend the entire day of treatment, but are able to return home in the evenings.

Our programs are focused on crisis stabilization through therapeutic groups, which are lead by members of a multidisciplinary treatment team. Treatment groups include, but are not limited to:

- Emotions Management
- Group Therapy
- Health & Wellness
- Healthy Coping Skills
- Loss and Grief
- Relationships
- Relaxation & Self Care
- Social & Communication Skills
- Stress Management
- Treatment Planning

In addition, patients will meet with members of the treatment team to work on treatment goals and creating a plan for aftercare.

In order for patients to stay engaged throughout their time in the program, we ask that cell phones and other electronic devices be left at home. Pine Rest is a non-smoking campus.



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Admission Criteria

- The individual has psychiatric symptoms that severely impair social, vocational and/or educational functioning. These symptoms are unmanageable in the outpatient setting, and do not require observation 24 hours a day. The patient is not an immediate danger to themselves or others.
- The program is designed for those individuals who have the capacity for active participation in all phases of the program exhibited by:
 - The person must be medically stable.
 - The person is able to maneuver around the program and administer his/her own medication.
 - The person is able to participate and tolerate six hours of group therapy and classes each day.
- The individual is ready for discharge from an inpatient setting, but is assessed to be in need of additional monitoring, support and ongoing therapeutic intervention.
- The individual is 18 years of age or older.